

C G Prashanth MPT

(Neurological & Psychosomatic disorders)

Physiotherapy Specialist – Aquatic Physical Therapy

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Founder President Aquatic Therapy Network of India

Board Member & Vice Chair – WABA (World Aquatic Bodywork Association)

Assistant Lecturer IATF (International Aquatic Therapy faculty, Switzerland)

Assistant Instructor WATSU® Basic

Ai Chi Instructor

WST and BRRM practitioner (IATF, Switzerland)

WATSU® practitioner – WABA registered

Aqua Fitness Professional – AEA

AEA Course Content Provider

Resource person: Aquatic Therapy Foundation Course

Former Associate Professor & In-charge PT Neurology Department

Former Registered Post Graduate Research guide RGUHS University, Karnataka, India

C G Prashanth, was born in Mysore and underwent education travelling in various parts of the state of Karnataka. He did his under graduation from Dr. MV Shetty Institute of Health Sciences, Mangalore in the year 1997 and has been working in various capacities. He underwent training in NIMHANS, Bangalore and joined SDM College of Physiotherapy. He completed his Post-graduation in Neurological and Psychosomatic Disorders while being in service. After working for close to 20 years, he moved from an academic position of being an Associate Professor and Unit head of PT Neurology from SDM college of Physiotherapy to Qatar Rehabilitation Institute, Hamad Medical Corporation – Doha, Qatar.

He developed keen interest for Aquatic Therapy in the early 2005 and has been following it as his passion since then. He went on to train himself in various concepts and has more than 1500 hours of training in various concepts. He pursued to be instructor in Ai Chi trained by founder of the Concept Ai Chi from Japan, became an Assistant Instructor in WATSU Basic and is an assistant lecturer in WST for IATF – International Aquatic Therapy Faculty that strives on Providing Evidence based Aquatic Education in Therapeutic uses of Water using various concepts.

To spread the awareness of Aquatic Therapy in India he founded the Aquatic Therapy Network of India and is currently the president of this Non-Profit Organization. He progressed further to become an AEA fitness professional, which is the largest Aquatic Exercise Association in the world and became an AEA content provider. In January 2021, he became the board member of Worldwide Bodywork Association (WABA) – a global umbrella organization for various aquatic

Bodyworks and later was accepted to the position as Vice Chair of WABA. He is currently heading the Aquatic PT unit at Qatar Rehabilitation Institute, Hamad Medical Corporation – Doha, Qatar.

Being an academician, he has been exploring ways to make learning an interesting process. After getting educated in Aquatic therapy, he borrowed heavily from his teaching experience to develop a curriculum to teach Aquatic therapy. The curriculum has been over the years been encompassing various concepts through its original sources culminating in a single course of one point stop for all the concepts as a foundation for becoming certified aquatic therapist. The current module of 16 days is by far the largest and most well contrived to provide a true Aquatic Experience to the participants.